The Meaning of Christmas

Christmas 1963, from December 1971 Sat Sandesh.

There is a tradition which tells us that Christmas symbolizes the birth of the Christ Child in the human heart. To be truly Christ-like, the disciple must become as a little child, a pure and unsullied vessel, receiving the nectar of the Holy Spirit as an upturned chalice. "If you love me, keep my commandments!"

Truth is above all, but true living is still above Truth. This requires leading a life of continence, humility, truthfulness, love and devotion to God and all creation. To become a mouthpiece of Master, expressing Master's will and purpose, you must surrender all to the Master. This does not mean the giving up of employment, home, possessions, family and friends. It means simply: let the will of the Master work in you and through you, let your whole life be dedicated to service of the Master. Like a flute, be all vacant from within so that the Master may make sweet music of your life.

This is the Christ-like way, the true message, meaning and purpose of Christmas. Master brought the Christ Child to birth in your heart. You, in turn, must "become as a little child" and surrender yourselves to the ever-loving and merciful Father who watches over you, guides you, and cares for you. I wish you all a joyful Christmas and a Happy New Year. My love goes to you all.

KIRPAL SINGH