You Never Lose Anything
When You Give

This 1964 birthday message from Master Kirpal Singh was published in the February 1972 issue of *Sat Sandesh*.

Dear Ones, May the grace of God be on you all.

We are seekers after Truth and for that purpose we have joined various religions, which are our schools of thought.

*Truth* is not the exclusive right of any particular creed, or place, or age. It is a man's birthright. Just as every man has the right to breathe the air, and absorb the rays of the sun, we are all privileged to draw from the Unseen Source of Life, Strength, and Wisdom, which is within each of us. That infinite supply cannot be exhausted. Anyone belonging to any religion can delve it out from within with the help of somebody who is competent — call him by any name you like. Take all that you can. Not only will it suffice for you, but through it you will become instrumental in helping your fellows.

Your smile will inspire another to smile. Your strength will impel another to be strong. A noble soul always draws forth the noble quality in others.

God is love, and our souls are also love, and it is through love alone that we can know God. Love knows true renunciation, service, and sacrifice for the good of others without any consideration.

A true man is one who is truthful, leads a life of continence, radiates love to all others for the sake of God residing in them, and knows "giving," "giving," and always "giving."
We never lose anything when we give. When you give love, do you find that you have less love in your heart? On the contrary, you are conscious of an ever greater power of loving, but no one can be convinced of these things till he has applied them in a practical way. An ounce of practice is worth tons of theories.

It is a practical age — therefore, it is for us to make our idealism more practical.

Believe in God, Who is Spirit; Love — the principle of all things; Who is in me and I am in Him; Who resides in every heart. We should therefore love all mankind and others. If one cannot love those whom he sees, how can he love God whom he does not see?

There is a Religion above all religions which teach rituals, dogmas, and doctrines. That is Truth. Religion truly means re — back, and ligio which comes from ligore — to bind; i.e., to bind our soul back to Truth — God. You have to be born into the Truth.

All Masters who come from time to time speak of the same Truth. We are lovers of Truth. That is the True Religion, on the basis of which the whole world can sit together and the East and West could be united.

The purpose before me is to bring together all children of God (now forming part of various religions) to understand each other and find a way back to God. I am glad that I found a great response to this Message of Love, with the grace of my Master — the Man-in-God.

My hearty thanks and best wishes go to all who have been helpers in this Noble Cause of humanity.

Yours affectionately,
KIRPAL SINGH