
RUHANI SATSANG
SAWAN ASHRAM
GUR MANDI
DELHI 6, INDIA
Remember:

"The salt of life is selfless service;
The water of life is universal love;
The sweetness of life is loving devotion;
The fragrance of life is generosity;
The pivot of life is meditation;
The goal of life is self-realization."

Love God and all creation. Serve all. Give, Give, and Give all through life. Purify your minds, meditate and realise God. This is all the Scriptures say in a nutshell.

28 September 1962
Dear Ones:

I take this opportunity to address all of you over the microphone, and convey my best wishes and love for your spiritual progress. The sublime Message which you have had the privilege to hear does not warrant more elucidation, yet I wish to speak further on this auspicious day—the Birth Anniversary of My Beloved Master Hazur Baba Sawan Singh Ji Maharaj.

The Sacred Forum of Ruhani Satsang was approved by Hazur and under His explicit orders it came into existence some fourteen years ago. It is through His Grace that the Gospel of Truth and Love has been carried to all corners of the world; and in practically all the countries of the world, its branches have been set up, and people at large have been blessed with the rare gift of Holy NAAM—the Word, or the Audible Life Stream.

Those who have had the good fortune to come under the competent protection of the Living Master have been granted the sacred boon of Holy Initiation into the Mysteries of the Beyond, and are progressing on the Way Back to God.

From the sacred literature which has been released and published, you now have the sacred theory that is so simple and easy, requiring no austere obligations; but the practical aspect of the subject demands some action, namely: implicit obedience to the Holy Commandments, embracing cardinal virtues, strict observance of the dietary regulations, vigilance over the day to day deeds, cautious approach to the thought pattern, and regular devotion of time to the Holy Meditations in an accurate way. Moreover, all efforts helpful in the achievement of this sublime goal are to be honoured and assimilated.

The Holy Seed of Initiation is the cheque drawn in your favour and implanted in the soul, fructifying rapidly, if the aforesaid virtues are pursued vigorously. Just as a cheque can be cashed at the counter, similarly the celestial manifestations of Divinity can be had at the eye focus, which you can reach safely under the protective guidance of the Living Master, and for which you have a passport in the form of sacred charged Names. These Names carry the Life Impulse and as such are potent
enough to grant you inversion on to the realm of bliss and harmony. Their accurate use coupled with deep faith and implicit obedience, bear much fruit. You should know for certain that the Gracious Master Power is the constant and nearest companion of the child-disciple, and anytime one turns his/her face towards Him, all gracious help and guidance flow in abundance. Just as a poor man who calls at the door of a rich person, everyday faithfully, is sure to be blessed with alms, similarly that Emperor of Emperors is waiting patiently for you all within, to greet you and escort you on to the True Home of Your Father. He is more eager than you and the sweet heavenly melodies invite you to accompany Him within for sharing the utter bliss and divine intoxication.

This is a subject of the heart and not of the head. Reasoning is the help and reasoning the bar. When you have arrived at certain conclusions and have been blessed with the boon of right understanding that this present earth life is a passing phase in the long journey of the soul from the lower categories of creation up to its origin, then hie onward lovingly and faithfully. Know for certain that you, while here in this world, living amongst mortals, are commissioned with the divine blessing of proceeding back to your True Home. Soul in its present state is so enmeshed by the environment of mind and matter, that it is difficult to talk of its proceeding Home- ward for it has forgotten its True Home. The Holy Meditations, when under taken accurately and regularly bless you with the right understanding of striving for the inner journey, and your conviction of the sacred Truths is strengthened. Time factor is essential and, as such, much patience and perseverance are required.

You sow a seed in the soil. Let it remain hidden within the earth and construct a strong hedge around it and strive for its regular watering and weeding in every possible way. To fall into sin is human but to remain therein is devilish. Never mind about your past howsoever gloomy or unhappy, it has been because the Gracious Master Power has blessed you with the climax of divine mercy when you were privileged to be led to the Living Master and accepted by Him. Let the waters of repentance wash away the dross and impurity of heart, and strive for the better mode of living by complete dedication of heart and soul. The Light of God is ahead within
and the Heavenly melody is inviting you to let it escort you to His Holy Feet.

I recall a beautiful episode of My Master, Hazur Baba Sawan Singh Ji, when during His Lifetime, once, we were celebrating His Birthday. Illuminating stanzas were composed and sung in appreciation of Him and there was invocation for His Gracious Mercy. He was impressed by the devoted humility of the congregation and spoke with emotion, "Look here, when you scale me with Lord Providence or Almighty I do not accept it. Let us for the sake of argument take what you say to be true. Then if you adore me like the Highest Saint gracing the earth and representing the Father, just keep my Commandments and you will be benefitted and my mission will be successful." With the same thought I repeat and exhort with firmness that I count myself as His Humble Servant and call upon you dear ones to be firmly and humbly devoted to your Holy Meditations, thereby making your life sublime.

You should become a source of help and inspiration to your less gifted brethren who may better their lots by following your example. Please note an ounce of practice is better than tons of theory. The world is fed up
with preachings and the child humanity is looking urgently for life and light. You can be the harbingers of peace and prosperity by living a life as enjoined by the Master. One developed soul will be helpful for many others. Spirituality cannot be taught, it must be caught like an infection which is passed on to others, who are receptive.

Satsang is the central theme of the sacred teachings and I always impress upon the dear ones here and abroad not to miss it, as it is during these precious moments when you are near the fountain-head of bliss and immortality, that you grasp the true import of the teachings and assimilate the rare virtues of godliness, by sitting in the charged atmosphere which is filled with His Loving Life-Impulses. Satsang is the sacred arena where spiritual stalwarts are built. It is the pool of nectar which grants blissful, God-intoxication and all differences of caste, creed, or country sink down to their lowest ebb. We are all brothers and sisters in God and should attain this divine virtue of common brotherhood of man and Fatherhood of God. Love one another faithfully and devotedly so that others may know and see for themselves that you belong to the Living Master. Remember, actions speak more clearly than eloquent words spoken under emotional impulses. Just live like a fragrant flower which blooms in a forest, and fills the atmosphere with its rich fragrance. You should know it for certain that you are divine in all respects and are the master of your destiny which is full of higher potentialities. You are simply to make exertion to change for the better, and firmly stick to your resolutions. All else is to follow of itself, as the Gracious Master Power is at your side to extend all feasible help, grace and protection.

How to catch the Gracious Master Power is a question which many of you would like to solve. It is so simple yet hard to be assimilated all at once. It is the self which stands in the way. You are not confined to body or its limitations. You are not the intellect or mind, yet you possess all these for some higher purpose. "Blessed are the pure in heart for they shall see God." For that you are to purify your body, mind, and intellect by redeeming them from the dirt and dross of senses, while withdrawing yourself temporarily during your meditations, by attuning to the Holy NAAM, which gradually
will manifest to you in all effulgence and glory. Just re-

lax and still more completely relax and invoke His

Mercy by Complete surrender and resignation to His

Will and His Pleasure to grant and bless you with what-
ever He deems fit. Please note that you are not to guide
but to follow. He who follows is escorted and led to the

Supreme. The cup which is under chalice is filled with

the Divine Nectar. Hence the rare virtue of reverential

humility is an astounding asset for the child disciple,

who should always remain wide awake and conscious

of the ever present grace being extended to him/her in

ever increasing measure. The Gracious Master Power

is ever with you. Nay it is the very enlivening principle

which is giving you life here and hereafter. Just catch

hold of it and follow it implicitly, eliminating your ego

and vanity, dropping them as outworn pieces of cloth.

Please do not strain but await with patience and firm-

ness.

Love knows service and sacrifice and is considered the

ennobling virtue for the assimilation of sacred teachings.

As said above, unless the polluted mind and intellect are

bereft of their sediment and dross, they fail to assimilate

the higher Truths. A vicious person shuns the Holy Com-

pany of the Saints whereas a person blessed with the

boon of humility rushes to the Master. The very physical

body is blessed when one sits in the Satsang. Such a per-

son knows how to still the body and mind by sweetly look-

ing into the lustrous eyes and forehead of the Master, or

the feeling of His auspicious presence. The heart is filled

with the pious virtues of receptivity, humility, piety, and

chastity. You learn the technique of invoking His Mercy

by humble prayer and supplication.

Service is considered an ornament to a beautiful per-

son that adores and elevates his/her soul to become a

clean vessel for His Grace. Service of any type granted at

the Holy Feet of the Master is beneficial and should be

cherished as whatever one does must bring its fruit, in ac-
cordance with the Law of Karma. The secret of selfless

service is to deny the reward or recognition of any type

and on the contrary consider one’s self as an humble in-

strument in the Divine Hands which are the sustainers

and protectors of all. All credit goes to the Master, yet

the media of love are blessed with the superb divine in-
toxication which is of supreme magnitude.